



Paddlepalooza 2019

On the Clinton River from Auburn Hills to Rochester Hills
Saturday, June 1, 2019



--Advanced registration is recommended!--

Choose one of three paddling activities

Canoe Race and Men's & Women's Kayak Race - 8 mile race to River Crest Banquet Center in Rochester Hills
Adventure River Paddle – 8 mile paddle to River Crest Banquet Center in Rochester Hills (3 hours)

Not recommended for the beginner paddler - At certain times of the year this river can be considered difficult (Class III rating)

Schedule:		Location:
6:30 am	Shuttle service (last shuttle leaves at 8 am) <i>Excludes watercraft</i>	From River Crest Banquet Center to Riverside Park
7:00 am	Check-in begins (check-in ends at 8:30 am) <i>Racers must check-in 30 minutes before start of race</i>	Riverside Park, Auburn Hills
8:15 am	Introductory Ceremony	Riverside Park at Rivers Edge
8:30 am	Kayakers, race (1 person) <i>Men's & Women's Division</i>	Start on the Clinton River, Riverside Park
8:45 am	Canoeists, race (2 person – 1 blade paddle)	Start on the Clinton River, Riverside Park
9:00 am	Adventure Paddle Launch (no inflatables)	Start on the Clinton River, Riverside Park
10 am – 12 pm	Continuous race results and trophies	River Crest Banquet Center, Rochester Hills

Trophies will be awarded for First, Second and Third Place for each race class.

The winning craft for the Kayak Races and the Canoe Race will receive a \$100 gift certificate.

Each participant will receive a free event tee-shirt and lunch, which includes a hotdog, pop and chips.

Lunch shall be served from 11:00 am to 1:00 pm at River Crest Banquet Center on the patio.

Entry Fee: \$20 per person • Rain Date Saturday June 15th.

Rentals: A limited supply of canoes and kayaks are available for rent. Pre-registration is required for craft rental, on or before May 26 (cost \$35 kayak and \$45 canoe). To pre-register contact the Auburn Hills Parks & Recreation Department at 248-370-9353.

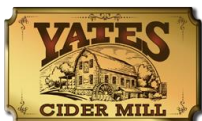
Clothes: Participants should expect to get wet and are recommended to bring a change of clothes. It is recommended that eye wear be attached to your body via sports bands, etc. It is also recommended that participants not wear any jewelry. Please see page two, "What to Wear?"

Raffle Prizes: Participants will have a chance to win various items donated by our sponsors and supporters.

Parking: Participants should park in the morning at River Crest Banquet Center, located at 900 West Avon Road in Rochester Hills and use the free shuttle service to Riverside Park. Participants may also park at the Auburn Hills municipal lot located on Primary Street, east of Squirrel Road or the lot located at the southeast corner of Squirrel and Auburn Road.

Shuttle: Shuttle service will be provided in the morning from River Crest Banquet Center to Riverside Park. Shuttle service starts at 6:30 am with the last shuttle departing at 8:00 am. Early arrival to River Crest Banquet Center is advised. Participants, using their own watercraft, will be responsible for transporting their own watercraft. Shuttle Services provided by the Older Persons' Commission.

For additional information, please call the City of Auburn Hills Parks & Recreation Department at 248-370-9353 or visit the City of Auburn Hills website www.auburnhills.org or visit the Rochester Hills website at www.rochesterhills.org.



What to Wear?

The right clothes can make the difference between a miserable day and a happy day on the water. In some cases, the right paddle wear is a matter of survival.

How do you know what's right for you? Start with when and where you are paddling. If it's warm weather and warm water, you'll want light clothes that dry quickly and protect you from the sun.

When you're facing more serious conditions and colder temperatures, the key is to dress so that you'll be comfortable while paddling and protected from the cold water. Even if you never flip, you can get chilled and hypothermic from being exposed to splash and spray.

Start with a moisture-management layer, a base layer that wicks perspiration away from your body. Look for wicking, quick-drying material.

An insulation layer adds warmth when it gets colder. Several companies have a new generation of wool garments that don't itch and can be washed—they're good under waterproof layers. There are also some new fleece products that are better for paddlers, which has body-hugging four-way stretch and a windproof membrane.

The outer layer keeps you dry. It can range from jackets and pants designed to protect you from splash and spray, wind and rain, to completely sealed dry suits, with gaskets at the neck, wrists, and ankles to keep out the water.

The standard material has been Gore-Tex, for waterproof breathable protection. Now other companies are introducing their own new waterproof breathable materials.

Many kayakers prefer a dry top along with paddling pants or thermal bottoms, and those also come in a wide range of prices.

Other options for canoeists and kayakers are the wetsuit and its substitutes, known generically as Fuzzy Rubber. They offer insulation but not protection from the wet.

Shoes are important, both to protect your feet, both from rubbing on the interior of the boat and for scouting and portaging. You want a bootie that keeps out rocks and sand and keeps your feet warm.

A kayaker may want a spray skirt. It keeps the sun off your knees, keeps the water from dribbling down your paddle into your lap, and keeps errant waves from splashing into the cockpit and swamping your kayak. It should fit snugly on the cockpit coaming, but be easy to release in the event of a capsize.

And paddlers who tackle whitewater, whether in a kayak, a canoe, or a raft, will want a helmet to protect their brains against hard knocks that may come their way.

Paddlers should have a cell phone on hand in case of an emergency. Phone should be kept in a waterproof pouch.



PADDLEPALOOZA 2019

SATURDAY, June 1, 2019

-TWO PAGE REGISTRATION FORM- PLEASE PRINT



Not recommended for the beginner paddler

At certain times during the year, this section of the river can be considered difficult (Class III rating)

NAME(S) _____ AGE(S) _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

PHONE _____ E-Mail _____

EMERGENCY CONTACT _____ EMERGENCY CONTACT'S PHONE _____

Please select one of the following:	Registration <i>Per person</i> <i>Cash or check only</i>
<input type="checkbox"/> Men's one person kayak race (8 miles)	\$20
<input type="checkbox"/> Women's one person kayak race (8 miles)	\$20
<input type="checkbox"/> Two person canoe race (8 miles) (One Blade Paddle)	\$20
<input type="checkbox"/> Adventure paddle (8 miles)	\$20
Canoe & Kayak Rental:	Cost per craft <i>Supply is limited</i>
<input type="checkbox"/> One Person Kayak**	\$35
<input type="checkbox"/> Canoe**	\$45
TOTAL	\$

Registration includes an event tee shirt and 1 lunch (1 hotdog, 1 pop and 1 bag of chips) at River Crest Banquet Center. Lunch will be served from 11:00 am to 1:00 pm at River Crest Banquet Center on the patio.

Shuttle service will be provided from River Crest Banquet Center to Riverside Park.

Please make checks payable to the City of Auburn Hills, and mail to: Auburn Hills Parks & Recreation Department, 1827 N. Squirrel Road, Auburn Hills, MI 48326. **Rain Date Saturday June 15th.** The event may be canceled if the river height exceeds 2 feet, according to the USGS stream gauge located along the Clinton in Auburn Hills. Refunds shall be provided if the originally scheduled event and rain date are canceled.

Participant Rules

- For ages 12 & over only
- Under 18 – parent/guardian signature required
- Under 18 must be accompanied by an adult
- **All participants are required to wear a Personal Floatation Device**
- **Must sign and submit a waiver form (next page)**
- No alcohol or mind altering drugs
- Must adhere to course and start time
- No trespassing on private property
- No Littering
- Follow community accepted rules of Sportsmanship
- Decisions of Racemaster are final
- Recommend bringing a change of clothes & blanket
- No Inflatables. Bailers are recommended.

PADDLEPALOOZA 2019
SATURDAY, June 1, 2019
(Rain Date: Saturday, June 15, 2019)
-WAIVER AND RELEASE OF LIABILITY FOR PARTICIPANTS FORM-
ONE WAIVER PER PARTICIPANT

I acknowledge that this event is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury, and property loss. The risks include but are not limited to, those caused by the terrain, facilities, temperature, weather, conditions of the athlete's equipment, vehicular traffic, actions of other people including but not limited to volunteers, spectators, coaches, event officials and event monitors, and/or producers of the event and lack of hydration. If applicable, hazards may be caused by water currents or waves and any other water related hazards. I hereby assume all the risks of participating in this event.

I certify that I am physically fit, have sufficiently trained for participation in this event, and have not been advised otherwise by a qualified medical person.

I acknowledge that this Accident Waiver and Release of Liability form will be used by the City of Auburn Hills, the City of Rochester Hills, and the event holders, sponsors, and organizers and that it will govern my actions and responsibilities at said events.

In consideration of my application and permitting me to participate in this event, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns to: (A) Waive, Release, and Discharge from any and all liability for my death, disability, personal injury, property damage, property theft, or actions of any kind which may hereafter accrue to me, including as to my traveling to and from this event, the following entities or persons: City of Auburn Hills and the City of Rochester Hills, their elected and appointed officials, employees and volunteers, and representatives and agents, and others working or acting in behalf of the City of Auburn Hills and the City of Rochester Hills; and to the extent permitted by law (B) Indemnify and Hold Harmless the entities or persons mentioned in this paragraph from any and all liabilities or claims made by other individuals or entities as a result of or relating to my attendance at or participation in this event.

I hereby consent to receive medical treatment, which may be deemed appropriate in the event of injury, accident, and/or illness during this event.

I hereby certify that I have read this document and understand and agree to its content.

Participant Name: _____

Signature: _____ Date: _____

If the applicant is under the 18 years of age, the parent or guardians must execute this document.

The undersigned parent and natural guardian or legal guardian, does hereby represent that he/she is, in fact, acting in such capacity, and agrees to the fullest extent permitted by law to save, hold harmless and indemnify the City of Auburn Hills and the City of Rochester Hills, their elected and appointed officials, employees and volunteers, from any and all liability, loss, cost, claim, or damage whatsoever, including bodily injury or death, which may be imposed upon or incurred by the City of Auburn Hills and the City of Rochester Hills because of the participation of the minor in this event. By signing below, I also agree to release said parties in this regard on behalf of both the minor and the parents or legal guardian.

Name of Minor: _____ Age: _____ Phone Number: _____

Parent or Legal Guardian: _____

Signature: _____ Date: _____

Person to contact in the event of an emergency: _____

Relationship: _____ Phone Number(s): _____