ATHLETICS

Youth Basketball Leagues

Auburn Hills Parks & Recreation and Play 4 Fun Sports present this popular instructional basketball league that focuses on fundamentals, sportsmanship, teamwork, equal playing time and fun. Boys and girls will develop their basketball skills through practices and weekly games. Each team will have one practice a week on Monday or Wednesday, to continually focus on developing players’ skills and understanding of the game! The first two weeks will be focused on skill development and assessing players’ abilities. After the first two weeks, players will be divided into teams and play in officiated games each Saturday. Volunteer coaches are needed!

Location: Auburn Hills Community Center Gym

Schedule: January 19 – March 23
(56 Games February 16 or 23)

Division: Grades 1st – 2nd

Fee: $65 – resident / $75 – non-resident (1st child)

Register by: January 30 (no February 20, February 23, March 30 or April 6)

ATHLETICS

Youth Basketball Leagues

More teams – more competition – more fun! Players in grades 1 – 6. Leagues start the week of April 15 with weekday practices (Monday or Wednesday) and Saturday games starting April 27. Volunteer coaches needed.

Location: Civic Center Multi-Sport Athletic Field

Schedule: Week of April 15 – June 8

Fee: $85 – new player / $55 – returning player with jersey (10 sessions)

Register by: April 1 (no games May 28)

Ballet Babies

Presented by Kerry’s Dance Stages

In this class we focus on basic ballet moves, making it fun to learn by throwing in creative movement and props! The instructor is very flexible with the babies, so if the child needs the parent in the room, it is certainly allowed as we are working to get the kids independent. This class really is all about fun, growth and development. Students will have an opportunity to perform what they have learned in a recital at the end of the session. Ages 18 months – 2 years.

Location: Community Center Studio (113572)

Schedule: Saturdays, January 19 – April 13, 10:15AM – 11:00AM

Fee: $375 – resident / $385 – non-resident (10 sessions)

Register by: January 23 (no class on February 19, March 22, or April 2, with recital on April 19)

Preschool Combo (Tap & Ballet)

Presented by Kerry’s Dance Stages

Children will learn the basics of Tap & Ballet in a fun, non-competitive atmosphere with ageappropriate music! Leonard's & rights, tap & ballet shoes required! Students will have an opportunity to perform what they have learned in a recital at the end of the session. Ages 3 – 4.

Location: Community Center Studio (113580)

Schedule: Saturdays, January 19 – April 13, 9:45AM – 10:30AM

Fee: $375 – resident / $385 – non-resident (10 sessions)

Register by: January 23 (no class on February 19, March 22, or April 2, with recital on April 19)

Ballet, Tap & Jazz Combo

Ages 5 – 7

Presented by Kerry’s Dance Stages

Students will learn the basics of Tap & Ballet in a fun, non-competitive atmosphere with age appropriate music! Leonard's & rights, tap & ballet shoes required! Students will have an opportunity to perform what they have learned in a recital at the end of the session.

Location: Community Center Studio (123581)

Schedule: Tuesdays, January 22 – April 16, 4:15PM – 5:00PM

Fee: $85 – resident / $95 – non-resident (10 sessions)

Register by: January 23 (no class on February 19, March 22, or April 2, with recital on April 19)

Ballet, Tap & Jazz Combo

Ages 8 – 12

Presented by Kerry’s Dance Stages

Students will learn the basics of Tap & Ballet in a fun, non-competitive atmosphere with age appropriate music! Leonard's & rights, tap & ballet shoes required! Students will have an opportunity to perform what they have learned in a recital at the end of the session.

Location: Community Center Studio (113541)

Schedule: Tuesdays, January 22 – April 16, 5:00PM – 6:05PM

Fee: $85 – resident / $95 – non-resident (10 sessions)

Register by: January 23 (no class on February 19, March 22, or April 2, with recital on April 19)
A tribute to the Artists of Disney – NEW!

Let’s paint your favorite Disney characters using canvas and acrylic paint. These paintings will be so rich in color and character that you can proudly display them in your home or give to your family and friends as treasured gifts. Paint three separate paintings with a Disney character, theme and background on medium size stretched canvases in brilliant acrylic paints. Please bring three 9” x 12” or larger stretched canvases. Instructor: Marguerite Gricius. Ages 7 & up.

Location: Community Center Craft Room
Schedule: Saturdays, February 9 – 23, 10AM – 12PM (112240)
For: $60 – residents / $65 – non-residents (3 sessions)
Register by: January 2

Drawing & Watercolor for Kids – NEW!

We will explore a wide arrangement of how to properly use art tools and materials. Examples of famous artists, their personal styles, techniques and art history comparisons will be incorporated into the art lessons. Still life portraits, landscapes, abstract drawing and painting will be taught using color pencils, pastel chalk, watercolor, and acrylic paints. Please bring three 9” x 12” or larger stretched canvases. Instructor: Marguerite Gricius. Ages 7 & up.

Location: Community Center Craft Room
Schedule: Thursdays, January 24 – February 7, 6PM – 8PM (111250)
For: $60 – residents / $65 – non-residents (3 sessions)
Register by: January 10

Teen Fridays – NEW!
The Auburn Hills Library Teen group is now meeting at the Community Center for their Friday after-hours activities. Teens are invited to enjoy a variety of free activities.

Grades 6 – 12.

Activity Schedule:
Beach Party – January 18, 6PM – 8:30PM
We know it’s winter, but come dressed in beach wear or Hawaiian shirts and enjoy some summer in January fun!

Valentines and Nursing Home Visit – February 8, 5:45PM – 9:15PM
Valentine card making and delivering them to nursing home residents. After playing bingos with them, we’ll go to Spago’s restaurant for dessert.

Mystery Night – March 15, 6:00PM – 9:00PM
Put your sleuthing skills to work at our annual Mystery Night. Visit the crime scene, examine the evidence, and interview the suspects! To register or for more information, call the Auburn Hills Library at 248-364-6712 or register online at http://auburnhills.lib.mi.us at the events calendar.

Kids Night Out
Kids – want a night away from your parents! Each month will be a different theme that includes games, crafts, gym time and, of course, dinner. Grades 1st – 7th. Limited to 20 kids and must register no later than one week prior.

Location: Community Center Craft Room, 6PM – 10PM
Schedule – Theme:
Saturday, January 19 – Backyard Olympics (113150A)
Saturday, February 16 – Winter Blitzz (113150B)
Saturday, March 16 – Challenge Games (113150C)
For: $18 – residents / $18 – non-residents
Register: One week prior to class
Building Standing Poses into Healing – NEW!

This class is dedicated to creating a circular healing pathway. That is, as we awaken from the soles of our feet, we create a strong, stable, and balanced core. As we stimulate action in our core, we bring alignment, flexibility, and strength to our feet. Please wear loose-fitting athletic clothing, Ages 14 and up. Location: Community Center Studio Schedule: January 17 – March 28, 7:10PM – 8:10PM (12/2080) Fee: $45 – resident / $55 – non-resident Register: By January 10 (No February 21)

Martial Arts
Master instructor, Kirk Rehn, leads this program for men and women. Tang Soo Do style classes will emphasize self-discipline, focus, physical fitness along with basic movements and self-defense. Please wear loose-fitting athletic clothing, Ages 14 and up. Location: Community Center Studio Schedule: January 17 – March 28, 7:10PM – 8:10PM (12/2080) Fee: $45 – resident / $55 – non-resident Register: By January 10 (No February 21)

Feeling unsteady! This 30 minute workout is designed to build strength, improve balance and develop leg muscles while improving posture and balance. Participants rotate every 30 to 45 seconds using equipment such as stability balls, balance boards, step stools and more. Instructor: Jo Schirzinger, Leisure Unlimited. Fee: $30 – resident / $40 – non-resident (4 sessions) Register by: January 28

Circuit Training
This 30 minute workout gets you moving with a variety of exercises to improve strength, stamina, balance and posture. Participants rotate every 30 to 45 seconds using equipment such as exercise balls, stretch bands, basketball and more. Instructor: Jo Schirzinger, Leisure Unlimited. Fee: $20 – resident / $26 – non-resident (5 sessions) Register by: January 9 or February 18 (on January 24 or March 18)

Yoga & Relaxation
This class will focus on breathing and gentle yoga practice without a lot of standing and balance. This class will help you to modify poses to suit your needs and teach you how to support yourself in poses to ease stress and tension. Class will end with a longer restful guided relaxation. Wear loose, comfortable clothing and bring a yoga mat and a blanket (if desired) to class. Location: Community Center Studio, 7:45PM – 8:15PM (12/2025A) Fee: $30 – resident / $40 – non-resident (6 sessions) Register by: January 14 or February 18 (12/2025A)

Eischens Yoga (For Everybody)
Increase your flexibility, improve body alignment, balance, and strength, decrease muscle tension. Focus is on the energy of poses and their effects rather than on achieving very complex, body-consuming poses. All levels of experience are welcome. Wear loose, comfortable clothing and bring a yoga mat and a blanket (if desired) to class. Conducted by certified instructor Lisa Calice. Location: Community Center Studio Schedule: Mondays, March 4 – April 29, 5:45PM – 6:45PM (12/2080A) Fee: $45 – resident / $58 – non-resident (8 sessions) Register by: January 1 or February 18 (No March 26)

Pilates Mat Work
Pilates is a powerful body sculpting system for losing weight, sculpting long, lean muscles and reshaping your body from head to toe. Pilates helps develop core control, integrating the trunk, pelvis and shoulder muscles. Mat required for class. Location: Community Center Studio Schedule: Tuesdays, March 5 – May 28, 6:00PM – 7:00PM (12/2110) Fee: $55 – resident / $65 – non-resident (12 sessions) Register by: January 6

Zumba Fitness
Looking for a fitness class that is truly addictive? Then Zumba is for you! This class offers the heart-pumping, calorie-burning, energy-building FUN you need! Using Latin inspired rhythms and up tempo, catchy to 30 to 45 minutes using upbeat dance moves, Pilates, and other body sculpting techniques, instructors will guide you through a dance-inspired cardio routine! Location: Community Center Studio Schedule: Tuesdays, March 5 – May 28, 7:30PM – 8:30PM (12/2111A) Wednesdays, January 9 – March 28, 6:30PM – 7:30PM (12/2111B) Tuesdays, March 12 – April 30, 7:30PM – 8:30PM (12/2111D) Fee: $45 – resident / $58 – non-resident (8 sessions) Register by: January 15 or March 15 (on February 19 or 23)
A tribute to the Artists of Disney – NEW!

Let’s paint your favorite Disney Characters using canvas and acrylic paint. These paintings will be so rich in color and character that you can proudly display them in your homes or give to your family and friends as treasured gifts. Paint three separate paintings with a Disney character, theme and background on medium size stretch canvas in brilliant acrylic paint. Please bring three 9” x 12” or larger stretch canvases. Instructor: Marguerite Gricius.

Location: Community Center Seyburn B
Schedule: Saturdays, June 5 – 26, 10AM – 12PM
Fees: $60 – resident, $65 – non-resident (3 sessions)
Register by: January 30

Drawing & Watercolor – NEW!

We will explore a wide arrangement of how to properly use art tools and materials. Examples of famous artists, of their personal styles, techniques and art history comparisons will be incorporated into the art lessons. Still life portraits, landscapes, abstract drawing and painting will be taught using color pencils, pastel chalk, Watercolor, and acrylic paints. Please bring three 9” x 12” or larger stretch canvases. Instructor: Marguerite Gricius.

Location: Community Center Carriage Room
Schedule: Thursdays, January 24 – February 27, 2PM – 4PM (131349)
Fees: $60 – residents / $65 – non-residents (3 sessions)
Register by: January 17

Parents Night Out

Parents can drop off their kids & go out for a night on the town! Kids will play games, do crafts, gym, time and, of course, enjoy a pizza dinner while parents go out to play. Grades 1st – 7th. Limited to 20 Kids.

Location: Community Center Carriage Room, 6PM – 10PM
Schedule: Saturday, January 19 –
Theme: Backyard Olympics (131350L)
Saturday, February 16 –
Theme: Winter Blitzs (131350B)
Saturday, March 16 –
Theme: Dads & Sons Games (131350C)
Fees: $8 – residents / $12 – non-residents
Note: Must register no later than one week prior

The two-story Log Cabin Lodge at the E. Dale Fisk Hawk Woods Nature Center is available to rent and use in the winter months.

The Lodge is a unique and affordable option for your next outing – it’s an ideal place for off-site business meetings, birthday parties, and family get-togethers – and it’s available all year long! Call the Parks & Recreation office or visit our website for rental details.

NEW! Oakland County Parks Permit

A new way to enjoy the annual Oakland County Parks Permit and the Joint Parks Pass at the Community Center. The permits are good until December 2013 and allow you access into all Oakland County Parks and the Huron-Clinton Metroparks.

Recreational Equipment Rentals/Picnic Kits

Picnic Kits include a variety of equipment, including softballs, bats, playground balls and more. Other equipment such as volleyball nets, shuffleboard, horseshoes and others are also available.

Community Center Rentals

A perfect place for your next special occasion, the Community Center facilities are available to rent on a first-come, first-serve basis, in-person only.

Scholarships

The Parks & Recreation Department offers scholarships in Auburn Hills youth to help with program fees. Please call with your confidential inquiry.

Visit us on the Web

Just go to www.auburnhills.org, click on Parks & Recreation for the seasonal program and event listings, City park information, virtual tours and more!

Mission Statement

Our mission is to improve the quality of life in Auburn Hills by providing quality parks and recreation opportunities with a variety of year-round programs, special events, and facilities for people of all ages and abilities.

Our Commitment to Quality

We strive to provide you with high-quality recreation programs, events and facilities and we take pride in making your recreational experience an enjoyable one. If you’re not completely satisfied with your experience, please call us and share your concerns and suggestions for improvement.

Scholarships

The Parks & Recreation Department offers scholarships in Auburn Hills youth to help with program fees. Please call with your confidential inquiry.

Visit us on the Web

Just go to www.auburnhills.org, click on Parks & Recreation for the seasonal program and event listings, City park information, virtual tours and more!

Office Hours:

Monday–Friday 8AM–9PM, Saturdays, 10AM–9PM.
Located on the Community Center on the Civic Center campus.
Contact Us:

Phone: 248-370-9353
Fax: 248-370-9157
Helpline: 248-364-6714
E-mail: www.auburnhills.org

Your Ideas Needed!

We’re always looking for new and different recreational ideas to offer residents of Auburn Hills. If you have any suggestions or are considering sharing your talents with others as an instructor, please call Brian Marrott, Parks & Recreation Director, at 248-370-9353.

PARKS & RECREATION DEPARTMENT SERVICES • 248-370-9353

The City of Auburn Hills

PARKS & RECREATION DEPARTMENT - Registration Forms • 248-370-9353

13277 N. Squirrel Road

Auburn Hills, Michigan 48326

Please indicate shirt size, if applies: Youth: S _ M _ L / Adult: S _ M _ L _ XL

Name __________________________ Male Female

Address _________________________ City ______ Zip

Telephone-Home __________________ Work ___________________ Cell

School __________________________ Current Grade ______ Age ______ Birthday _______/ ______/

Email address ____________________ Activity Name ______ Day ______ Time ______

Activity Starting Date _______ Number of Weeks ______ Location ______

Medical/Physical Limitations? __________________________

Medication __________________________

Awa rd-winning Agency

We schedule activities that meet the physical demands of this activity and the policies set forth by the Auburn Hills Parks & Recreation Department. We have noted any medical/physical limitations that might affect participation. We hereby release the City of Auburn Hills, the Auburn Hills Parks & Recreation Department, and all of our event’s employees, representatives, and agents including, but not limited to, all individuals assisting in the instruction and/or supervision of their activities, from any and all rights, claims, demands, actions, and/or lawsuits for any and all injuries, loss or damage suffered by myself, my children, and/or other family members while participating, watching or traveling to or from this activity.

Signature ___________________________ Date ________
Self Defense – NEW!
This course is designed to develop awareness of your surroundings and how to identify, avoid and react to potential threats. This course will also cover how to defend yourself in the event of an attack and not become another victim. Ages 14+. Location: Community Center Seyburn B Schedule: Saturday, February 2, 1PM – 3PM (123660) Fee: $20 – resident / $25 – non-resident Register by: January 26

7th Annual KI Challenge Karate Tournament
The Auburn Hills Parks & Recreation Martial Arts Club is pleased to announce the 7th Annual KI Challenge Tournament. Any Auburn Hills resident who would like to compete is invited. Awards for 1st – 4th place. Register online at http://KDmartialarts.com/events.htm. For more information, call Kirk Rahn at 248-722-1180.
Location: Community Center Gym Schedule: Saturday, March 3 Door Open: Register at 10AM Completion: Starts at 11AM Entry fee: $3 – pre-registration, $4 – registration at the door

Open Swim
Residents with a Community Center Card SWIM FREE at Avondale High School pool. $4 per person, non-resident. Under 14 must be accompanied by an adult. For questions call the Avondale Swim program at (248)-941-1376.

A Night with Vincent Van Gogh – NEW!
Discover more about this amazing artist by attending an art history and hands-on painting class in acrylic brushstroke. Please bring three 9’ x 12’ or larger stretch canvases. Ages 14 & up.
Location: Community Center Carriage Room Schedule: Fridays, March 1-15, 6PM – 8PM (123659) Fee: $60 – resident / $65 – non-resident (3 sessions) Register: By February 22

Unusual Bird Feeder Class – NEW!
Are you an avid birder, like to have the birds around all year round? Here are some fun and unusual feeders you can make, you will then add a little charm and whimsy to your yard, and make you proud when the birds come to eat. Students will make one bird feeder using some power tools and hand tools to complete the project. This 3 day class includes materials and assistance to make and finish your project. We will be using some recycled items as well as new. Come join us for creative project making and enjoying.
Location: Community Center Carriage Room Schedule: February 17 – 21, 6PM – 8PM (154670) Fee: $45 – resident / $50 – non-resident (3 sessions) Register: By January 14

CPR/First Aid Courses
Learn valuable life saving skills that you could use to help a friend or family member by taking a CPR or First Aid course taught by an instructor from the Auburn Hills Fire Department. Courses are three hours in length and include American Heart Association certification card. All classes are held at the Public Safety Building in the Civic Center Park Complex. Meet in the lobby. Limited to 10 participants/must have minimum of 5 to run class. Class fees: $5 – resident / $50 – non-residents. All classes run from 9AM – 12PM Saturday, January 5 – Basic First Aid (132280) Saturday, February 2 – Adult/Child CPR (132260) Saturday, March 2 – Infant CPR (132270) Saturday, April 6 – First Aid (132250)

Exploration of Art – NEW!
Use a wide variety of art materials, paints, markers, color pencils, while learning about past and present famous artists. Decide upon artists that you admire the most. Learn from their painting styles as you create 3 separate paintings of your own to proudly display or use as gifts for your cherished loved ones. Please bring three 9” x 12” or larger stretch canvases. Ages 14 & up.
Location: Community Center Carriage Room Schedule: Saturdays, March 2 – 16, 10AM – 12PM (123661) Fee: $60 – resident / $65 – non-resident (3 sessions) Register by: February 22

Simple Shadow Box Class – NEW!
Shadow boxes have long been made to preserve keepsakes and gift giving for weddings, births and professional recognitions. In this 5 week class you will make one Shadow Box. Students will be using some power tools and hand tools. Each student will need to provide the items to be included in the shadow box; all other materials will be supplied. Instructor will assist in using power tools and finishing techniques. Dates: Thursday / February 14, 21, 28, & March 7, 14, 2013 Time: 6:30pm – 9:00pm Fee: Resident $50.00, Non Resident $55.00 (1254072) Location: Craft Room / Workshop Register by: February 7

Nature Programs Brought to Your School
This winter, Mr. Mike will bring nature to your class-room. Each program takes about 45 minutes with a cost of $25/cost per week for classes.
Call (248) 370-953 to make your reservation.
The following programs are available upon request:
• Ecology/Groups – will build model ecosystems (114001A)
• Amphibians and Reptiles – features live animals (114001B)
• All About Mammals – includes variety of pets and skulks (154001C)
• All About Birds – groups will examine bird mounts (114001D)

Growth Up WILD
Teachers and para-pros are invited to attend a workshop featuring the national curriculum guide, Growing Up WILD. This highly acclaimed activity guide is filled with exciting activities for pre-school and early elementary grades with a focus on nature. Each activity has a hands-on feature along with music, snacks and parent suggested follow-up materials. During the six-hour program, we will actively be doing many of the activities from the guide at various learning stations. Upon completion you will be a certified instructor.
Location: Community Center Seyburn A Schedule: Saturday, January 26, 9AM – 3:30PM (140001) Fee: $40 – resident / $45 – non-resident Register: By January 16, directly by email with Mr. Mike at mmusumoto@comcast.net

Owl Pellet Investigations
We will be dissecting “jumbo barn owl pellets” as we explore the food web of owls. You will be investigating bones, feathers and other material from Barn Owl pellets collected in Washington and Alaska. This is an acclaimed clastic science investigation that Mr. Mike will guide you through.
Schedule: Saturday, February 16, 10AM – 12PM (114004) Fee: $5 – resident / $6 – non-resident Register: By February 1

Martin Luther King Jr. Day of Service – Volunteer Project
Hawk Woods will be hosting the National Day of Service for High School and University Students. For those schools honoring MLK Day and not in school, you are invited to spend time at Hawk Woods Nature Center and give back to the community. We will be painting the inside of the Nature Center from 10am until we finish. Lunch and painting supplies will be provided, and lots of fun.

Scouting Days
Mr. Mike will assist Scouts each Wednesday from 6PM – 7PM and Saturday from 10AM – 12PM in earning various badges during the month of January. All scout programs require a donation of a 20 – 40 pound bag of Black Oil Sunflower Seed. Call Mr. Mike at 248-672-0682 to work out the details or email him at mmusumoto@comcast.net

National Wildlife Week March 18th – 24th “Trees Branching Out for Wildlife”
Come celebrate National Wildlife Week at Hawk Woods. Daily programs are available for Home School Families every morning from 10AM – 12PM using Project Learning Tree activities for most ages. We will spend much of the time outdoors so dress for the weather. Scouts are encouraged to register for Wednesday evening and Saturday morning programs during this week as well. We are requesting a donation of Black Oil Sunflower seeds per family per visit. Please call Mr. Mike at 248-672-0682 to make arrangements.