

City of Auburn Hills Community Center Fall Gym Schedule - 2017

Sep. – Dec. 2017 Morning (8AM-12PM) Afternoon (12PM – 5PM) Evening (5PM – 9PM)

Monday			
	Senior Pickleball 9:30A – 12:30P	Basketball* 3:30P – 5P Senior Fit 2P-3P	Basketball* 5P – 8:30P
Tuesday			
	Senior Walking/Fitness 8A – 9:30A Parent/Tot 10A – 12P (balance beam, scooters, parachute, playground balls)	Gym Rentals 1:30P – 5P	Gym Rentals 6P – 9P
Wednesday			
	Senior Pickleball 9:30A – 12:30P	Gym Rentals 1:30P – 5P Senior Fit 2P-3P	Court Games 5P – 8:30P (badminton, basketball)
Thursday			
	Senior Walking/Fitness 8A-9:30A Senior Pickleball 9:30A-12:30P	Gym Rentals 1:30P – 5P	Gym Rentals 6P – 9P
Friday			
	Senior Pickleball 9:30A-12:30P	Basketball* 3:30P-5P Senior Fit 2P-3P	Basketball* 5P – 8:30P
Saturday			
	Gym Rentals 10A – 12A	Court Games 12-2P (Volleyball, basketball) 2:30P – 5P (badminton, basketball)	Court Games 5P – 8:30P (badminton, basketball)

Call or visit the Auburn Hills Community Center for details, 1827 N. Squirrel Rd. (248) 370-9353

***2 GUEST LIMIT PER RESIDENT, PER VISIT FOR BASKETBALL**

Auburn Hills Community Center

Fall Gym Schedule

Sept. – Dec., 2017
(see reverse side for schedule)

Basketball & Court Games

Specific days/times with specific activities, all sessions are for all ages – see the reverse side for schedule.
Residents: FREE with Community Center Card/Guests: \$5 per visit
(All guests must be accompanied by an Auburn Hills resident - limit 2 guests per resident, per visit for basketball only)

Parent/Tots

A Variety of recreational equipment setup for parents and tots to utilize. This is a drop in program without an instructor. Ages 3-5
Resident: Free/ Drop in Regular \$5

Senior Services Activities

Senior Recreational Pickleball

Three indoor courts are available at the Community Center for open, non-competitive play.
Drop in Residents: \$3 / Drop in Regular \$4

Senior Fit

Free exercise program – 55+
Sponsored by St. Joseph Mercy Oakland. Call 248-858-2545 to Register.

Open Walking - (#552002)

Walk or jog your way to good health! Walk/Weight Circuit offered 8:00A.-9:30A.
Residents: Free / Drop in Regular \$5

